



The Express

9, Cambria Road, Gore (Québec) J0V 1K0 – Tel.: 450 562-2025

VOLUME 13, NUMBER 08 – SEPTEMBER 2023



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A WORD FROM THE MAYOR

Many residents sometimes wonder what services are offered in Lachute and in the MRC for residents of Gore and what the share paid to the MRC is used for. Indeed, as residents of Gore, you pay, on your municipal taxes, a share to the MRC which gives us all access to several free or low-cost services in Lachute.



Here is a list of services available to Gore residents:

- **FREE:** The indoor pool, free skating and the library of the city of Lachute.
- **SAME RATE AS LACHUTE REISDENTS:** ALL fitness classes in the city of Lachute and day camps.
- Access to several other activities offered to all residents of the MRC.

In addition, in Gore, you can enjoy the trails of Parc des Pionniers and Parc Denommé for free and a preferential rate for Parc du Lac Beattie in addition to the host of activities offered to children and to all (Halloween, Christmas, Carnival, tennis courts, basketball and pickleball, community dinners and breakfasts, library, etc...). We try, although we are a small municipality, to offer as much as possible to all our residents.

MEETING WITH OUR LOCAL ARTISTS AND ARTISANS September 11, 2023 – 7:00 p.m.

I would like to invite all our artisans, artists (Painters, musicians, writers, etc.) and creators to a meeting at the Trinity Community Center, ON SEPTEMBER 11, AT 7 pm, to discuss together the means to put in place to promote your immense talent. We have several ideas such as the organization of arts and crafts' market or the creation of a permanent place to exhibit your work. Town Council would like to hear your ideas, suggestions and comments to better showcase arts and culture in Gore.

As always, I can still be reached on my cell phone at **514 941-2224**.

Your mayor
Scott Pearce



SERVING THE GORE COMMUNITY



In this month of September, we present you Raphaël Thaon.

The youngest of the brigade. Raphaël was trained at the academy of firefighters on the south shore. He collaborates with the SOPFEU so he was quite busy this summer!

Very energetic and active in the community, he has been a volunteer firefighter for Gore since December 2022.



COMMUNITY

SCHOOL SUPPLIES PROGRAM

As in 2022, the distribution of school supplies for families in need will be organized. Please note only permanent residents of the Township of Gore can benefit from the School supplies program. School bags will be distributed only to new participants in the school supplies program. To register for the program, call Rose Manconi at (514) 949-4281.



If you would like to DONATE to the school effects program, please do not hesitate to contact Ms. Manconi and donate generously for the children of Gore.

CAFÉ PARTAGE ARGENTEUIL: HEALTHY BASKETS, ECONOMY GROCERIES AND PREPARED MEALS

Café Partage's healthy baskets are for everyone, regardless of your income. The more subscribers there are, the lower the prices can stay and help people in need.

The baskets are available in 2 sizes : \$18 and \$24 and are delivered to Gore every second Thursday, at the community center, between noon and 1 PM.

For delivery dates and drop-off points in Gore and elsewhere in the MRC d'Argenteuil, contact Café Partage at 450-562-0987.

Café Partage, located at 232 rue Béthany in Lachute, is open Monday to Friday, from 8 a.m. to 4:30 p.m. and also offers homemade frozen meals and a small economical grocery store.



EXPLORING THE RELATIONSHIP BETWEEN LITERATURE AND CHILDHOOD

Place: Gore Community Center,
9 ch. Cambria, Gore, Quebec, J0V 1K0

Time: Fridays, 1:30 to 3:30,

Registration and Price: \$40.00, paid online to the Thomas More Institute web site: www.thomasmore.qc.ca

Dates : Fall: September 15, to December 15, 2023

Among the many things that will be explored, studied and discussed will be the question of how stories in childhood authentically relate or not to children in fairy tales, folk tales and other stories we will be asked to review.

Informal, friendly exchange of ideas and opinions is encouraged in the sessions. Readings are distributed ahead of time for use as reference material for in the sessions that follow.

The Thomas More Institute looks forward to enrolling interested participants for another very enjoyable time with this very interesting subject.

Petit-déjeuner communautaire Community breakfast

3 Sept. / 9AM to noon - 9 à midi
Centre communautaire
2 Cambria

5\$

*3\$ enfants / kids





NEWS FROM THE PIONNEERS' TRAIL BOARDWALK

As mentioned in the previous edition of the Express, the boardwalk of the Pionneers' trail was in poor condition. But, thanks to the help of numerous volunteers and the support of the Municipality of the Township of Gore, we have replaced almost one third of the old boardwalk with a wider and more solid structure made

of hemlock above the wetland. A big thank you to the citizens who answered our call and spent many mornings accomplishing this arduous task. The hikers of tomorrow will be very thankful!

Wild mushroom hunt – September 18

On Monday September 18, **between 4PM and 7PM**, join **Yvan Perreault** for a mushroom identification and foraging outing at the Pionneers' trail, 45 Cambria Rd.

Mr. Perreault, one of the leading mushroom specialists in Quebec, is president of the Cercle des mycologues de Lanaudière et de la Mauricie.

The event is **FREE** but reservation by email is mandatory at info@lessentiersdegore.com.

To find out more about Les Sentiers de Gore, subscribe to our newsletter by visiting our website at lessentiersdegore.com.

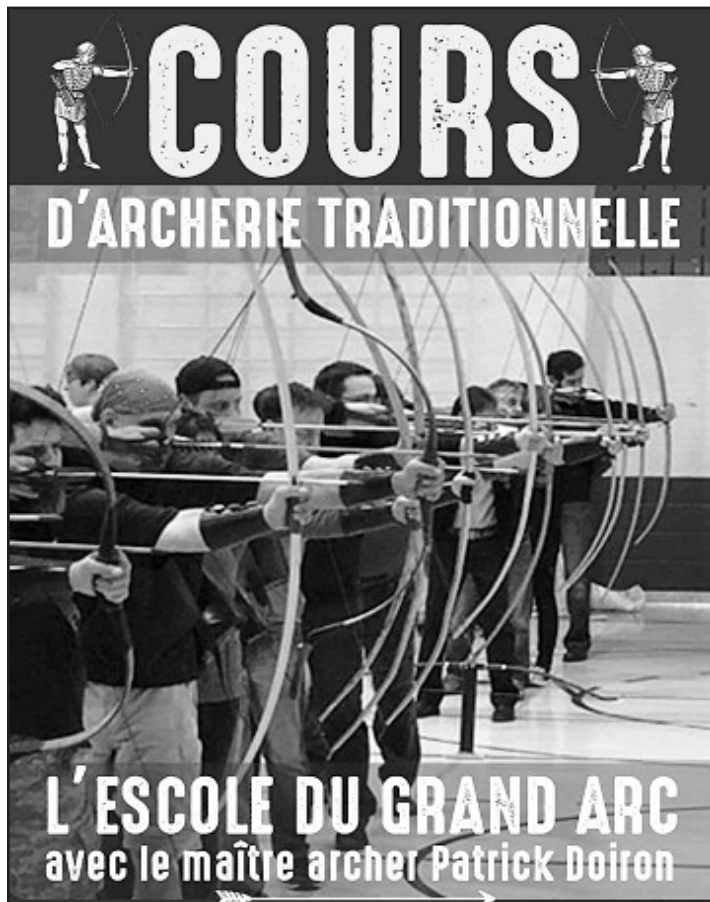


SINGLE-USE PLASTICS

We hear a lot about single-use plastics, but what exactly are they, and what can we do to limit their use? A Federal Regulation came into force in June 2022 prohibiting the manufacture, import or sale of single-use plastic products. Although the regulations were introduced last year, they will be progressively applied until 2025.

"Biodegradable" or oxo-fragmentable plastics never disappear, contrary to what you might think. They simply turn into persistent microplastics in the environment and can even end up in living organisms. The use and distribution of this type of plastic is notably banned in our Municipality, as are single-use plastic shopping bags (Bylaw R-200 adopted in 2018). By being more aware of the presence of these plastics in our everyday purchases, we can make better choices for our planet. When the use of plastic is unavoidable, be sure to reuse or recycle to avoid the creation of ultimate waste.





COURS
D'ARCHERIE TRADITIONNELLE

L'ESCOLE DU GRAND ARC
avec le maître archer Patrick Doiron

**Traditional Grand Arc Archery Lessons
(Longbow)**

An easy sport, exciting and accessible to families.

Location: : Saint-Colomban at École de la Volière. Classes start on September 8, beginner level at 7 p.m. advanced level at 8 p.m.

To acquire the basic notions of traditional archery or to improve your skills with advanced techniques (hunting, archery on horseback, competition... Etc.) At the Ecole du Grand Arc, we strive so that your visit is a rich and rewarding experience: qualified teachers, personalized teaching, a safe environment, tailor-made equipment at your fingertips... and more. For information and registration: 514-755-7915.

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Breathing



Fall semester
(Septembre 21st-Novembre 23rd)
8 weeks

Thursday mornings : 9:00 to 10:15

For more infos or
to register

Hélène
514-659-5919
anahatamedicina@gmail.com
anahatamedicina.ca

Centre communautaire
Trinity
2, chemin Cambria
Gore

Contribution
Semester : 120\$
one class : 20\$ (if available, places are limited)

September 25, 2023 - NOON
Trinity community center
2 Cambria road

Leek Soup
Chef salad
Pork Roast
Apple Crumble
Tea of coffee

**COMMUNITY
LUNCH**

A donation for your participation is appreciated.
This activity aims to provide an opportunity to share a tasty meal and socialize in a friendly atmosphere.

RSVP : (819) 507-1979 or pgervais@cantondegore.qc.ca

**Looking for petanque
lovers**

If you are interested in playing pétanque at the Municipal Park, contact Linda at 514-726-6580 or Paul at 819-507-1979



ACTIVITIES



ART CLASSES

at the Trinity Community Center
2, Cambria road, Gore, QC J0V 1K0, Canada

Wednesday from September 20 to October 25, 10:00 a.m. to noon.

Sketching and Painting: This course is suitable for all levels.

Please call Wendy Smith for more information: 450-562-0820 or 438-322-7790

Program fees do not include materials.

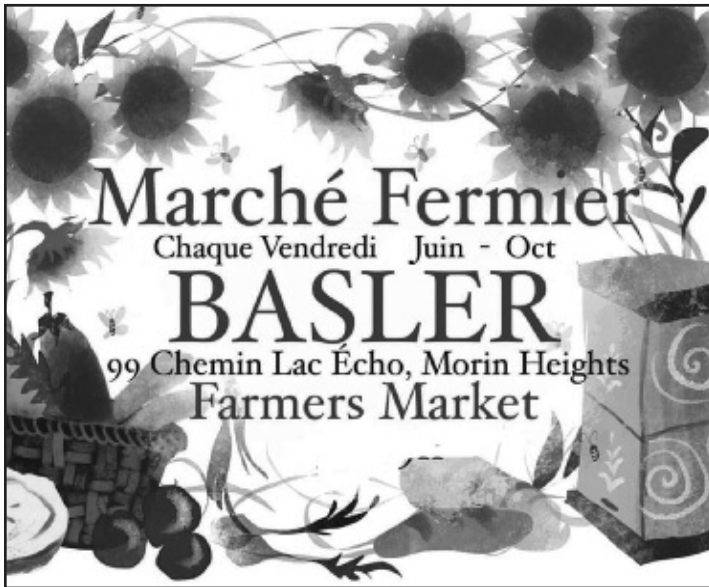
A list of required materials will be provided upon registration.

\$240 Classes are non-refundable.

A portion of the fee will go to Gore Christmas Baskets.



Instructor Biography: Wendy Smith is a multidisciplinary artist whose practice has been shaped by many celebrity mentors in the United States and Canada over the years. She is the founder and owner of **HIBOU BLEU Creations**. In addition to creating her work, Smith takes great joy in imparting ideas, approaches, and helping students find their voice in the arts.



MEDITATION WORKSHOP

If being in a state of peace inspires you, come join us at my house, in Gore, in a space specially designed for meditation.

Every Tuesday we meet to relax, meditate, and share on a text, a reading, on a spiritual level. It helps us keep our vibrations high and contributes to peace within and around us.

There are no prerequisites, only goodwill and non-judgment. There are still a few places available.

When: Tuesdays from September 5

Time: 1:30 p.m. at 2:30 p.m.

Cost : voluntary contribution (money raised will go to the Gore Christmas Baskets)

For registration and/or information:
Olga-Amélya 450-562-3219

Namaste

Flashback comme dans un film

Concert

September 30 2023

Holy Trinity Church - 2 chemin Cambria

Quebec comedians Isabelle Blais and Pierre-Luc Brillant, accomplices on stage as in life, come back to us with their new album "Flashback" in which they revisit the classics of French music from the 60s @ 90s. Flashback will immerse you in your memories.

Tickets : 25\$ including taxes

Tickets available online :
<https://lepointdevente.com/billets/ncu230930001>



MISCELLANEOUS

GORE COLLABORATIVE REPAIR SHOP

The next workshop will take place on Sunday, September 10 from 9:30 a.m. to 12:30 p.m. at the community center.

A collaborative repair workshop allows everyday objects to be repaired free of charge, with the help of specialist volunteers. Our volunteers have many talents, come see us with your object, we will investigate if it can be repaired. Unfortunately, gasoline appliances and microwaves cannot be accepted.


If you want to get involved, become specialist volunteers. All specialties are welcome. Contact us!

cafereparationgore@icloud.com

Text or call 579-378-8846

Jacques






Firefighters' Family Day

Saturday, September 2
from 10 a.m. to 3 p.m.
at the municipal park
45 Cambria rd.

In case of rain,
the event will be postponed
to Sunday, September 3

- Inflatable games
- Intervention demonstration
- Competition between firefighters
- Course for young people
- Extinguisher workshop
- Mascot *Gore au feu*,
- Artisans on site
- Free barbecue
(all donations received will go towards Christmas baskets)



Garbage & recycling - Déchets et du recyclage

changes from september 12, 2023 - changements à partir du 12 septembre 2023

- Recyclage ZONE BLEUE
Recycling BLUE ZONE
- ▲ Déchets ZONE BLEUE
Garbage BLUE ZONE
- ♥ Recyclage ZONE BLANCHE
Recycling WHITE ZONE
- ◡ Déchets ZONE BLANCHE
Garbage WHITE ZONE

*Les encombrants sont ramassés le premier ramassage de déchets du mois.

* Bulky items are picked up on the first garbage collection of each month.

SEPTEMBRE - SEPTEMBER						
D-S	L-M	M-T	M-W	J-T	V-F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

OCTOBRE - OCTOBER						
D-S	L-M	M-T	M-W	J-T	V-F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOVEMBRE - NOVEMBER						
D-S	L-M	M-T	M-W	J-T	V-F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

DÉCEMBRE - DECEMBER						
D-S	L-M	M-T	M-W	J-T	V-F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

MISCELLANEOUS

Call for applications from people interested in becoming a member of the Urban Planning Advisory Committee (CCU).

The Municipality of the Township of Gore is currently looking for residents wishing to become a member of its Planning Advisory Committee (CCU).

The CCU is a working group formed under by-law 245, in accordance with the Act respecting land use planning and development (RSQ, c. A-19.1).

The committee meets behind closed doors, once a month in the early evening and generally during the second week of the month. It is made up of seven members appointed by the Council, namely two councillors and five residents. The committee is assisted by the town planning inspector and the clerk-treasurer.

The Municipal Council entrusts this committee with the task of studying and making recommendations to it regarding urban planning projects submitted by residents or developers under municipal by-laws. To better understand the roles and responsibilities of the members of the CCU, you can consult by-law 245, under the section of the urban planning by-laws in force, of the municipal by-laws page, of the tab publication of the municipality's website or communicate with the municipal office.

Those interested in becoming a member of the CCU can send a cover letter to:

by email (preferred):
schannell@cantondegore.qc.ca.

or by post:
Ms. Sarah Channell, Clerk-Treasurer
Request for the Planning Advisory Committee
9 Cambria Road, Gore, J0V 1K0

Applications must be received no later than September 22, 2023. Applications received after this deadline will not be considered. Successful candidates will be appointed by resolution at the Council meeting scheduled for October 2, 2023.



MILITARY WHIST



There will be a Halloween military whist at the Trinity Community Center, 2 Cambria Road in Gore, on Saturday October 21st, 2023, at 12:00 pm.

The cost is \$15 per person, which includes a hot meal. Several prizes to be won: tombola, prizes and for the best costume. Make your teams. Registration is mandatory.

If you would like to play but do not have a team, we will do our best to find you teammates. Contact Shirley Roy at 450 562-0504 to register or for additional information.



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HUMANIA



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Hope to meet you.



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Township of Gore, Qc

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SEPTEMBRE / SEPTEMBER 2023

D/S	L/M	M/T	M/W	J/T	V/F	S/S
					1	2 Journée familiale des pompiers <i>Firefighters' Family Day</i>
3 Petit-déjeuner communautaire <i>Community Breakfast</i>	4	5	6  Conseil municipal – 20 h <i>Municipal Council 8 pm</i>	7	8	9
10	11	12  ZONE BLEU Recyclage / Recycling	13	14  ZONE BLANCHE Recyclage / Recycling	15	16
17	18	19  ZONE BLEU Ordures + gros déchets Garbage + bulk items	20	21  ZONE BLANCHE Ordures + gros déchets Garbage + bulk items	22 Dunany Studio Artists	23
24 Dîner communautaire <i>Community Lunch</i>	25	26  ZONE BLEU Recyclage / Recycling	27	28  ZONE BLANCHE Recyclage / Recycling	29	30 Concert – Flashback Comme dans un film

ATTENTION : L'HORAIRE DE LA COLLECTE DES DÉCHETS ET DU RECYCLAGE EST SUJET À CHANGEMENT :
VÉRIFIEZ BIEN LE SITE WEB DE LA MUNICIPALITÉ POUR ÊTRE À L'AFFÛT DES CHANGEMENTS.

PLEASE NOTE: THE WASTE AND RECYCLING COLLECTION SCHEDULE IS SUBJECT TO CHANGE:
VERIFY THE MUNICIPALITY'S WEBSITE TO BE AWARE OF CHANGES.